

How to support us

If you are passionate about creating a community where everyone is valued and supported, you can help by:

- Making a one-off or regular donation
- Asking your company to donate or support us
- Attending or sponsoring our events
- Organising your own fundraiser, or taking on a challenge for us
- Joining our volunteering group - we have a wide variety of roles
- Sharing information about our services including on social media
- Selecting us as your Amazon Smile charity
- Considering leaving a gift to us in your will
- Donating prizes for raffles or auctions
- Purchasing necessities for The Hub



The Hub by Q1 Foundation
8 The Arcade
High Street
Goring on Thames
Oxfordshire RG8 9AY

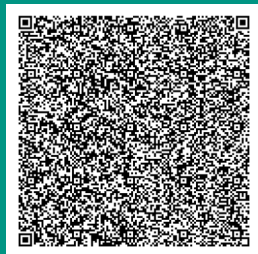
Hub: 01491 525637 Helpline: 01491 525639
info@TheHubBTG.org.uk www.TheHubBTG.org.uk
f @TheHubBTG in The Hub - Bridging The Gap
t @TheHubBTG @TheHubBridgingTheGap

For current opening times
and latest details of what's on,
please visit our
website or call 01491 525637

FOR WAYS TO DONATE VISIT
www.TheHubBTG.org.uk/supportus/

OR DONATE ONLINE AT
www.justgiving.com/TheHubBTG

OR SCAN TO GO DIRECT



The Hub is operated by Q1 Foundation, registered in England and Wales
Registered office: 5th Floor Greener House, 66-68 Haymarket, London SW1Y 4RF
Company No. 11724915. Charity No. 1185960



Your Community Hub

THE LOCAL CHARITY SUPPORTING RESIDENTS
in Goring, Streatley and South Stoke, through
information, advice and friendship

About The Hub

The Hub supports adults in our local community of Goring, Streatley and South Stoke. We provide high quality, friendly and easily accessible support, social interaction and guidance - right at the heart of the community. We bridge the gaps in our society;

- so no-one feels lonely or isolated
- so everyone receives the help and support they are entitled to
- so people are connected to each other, and to organisations that can assist them

We believe this will improve quality of life for all, and improve our community.

The Hub is operated by Q1 Foundation - a small, local registered charity, reliant on fundraising to run its services.



"I literally didn't know where my next meal was coming from - thank you for all your help."

What difference could your donation make?

£5

could provide refreshments for our support groups for a week

£35

could enable us to help someone make a benefits claim

£85

could fund a Carers Group meeting

£205

could match a Hub Buddy befriender with a person feeling lonely

£960

could fund The Hub for a week



"It's really brightened my day! He was so kind, giving me some tips about feeling better in myself, and encouraging me. Thank you so much!"

What we do

Our services include:

- **Providing guidance** - friendly, local 1-1 advice in person or by telephone, email or video call (e.g. help with arranging care, or making benefit applications).
- **Connecting people** - with each other for friendship, or other relevant organisations.
- **Activities, talks and events** - running clubs, classes, support groups and events.
- **Offering a safe place** - a relaxed, dementia-friendly venue for the community to meet and chat and for carers to connect.
- **Volunteering** - our active volunteer network provides invaluable assistance and support across the community in a variety of roles.
- **Partnering** - with other organisations to achieve the best outcomes for our community.

Interested in Volunteering?

PLEASE GET IN TOUCH!

Did you know?

We run the Covid Emergency Villages Helpline (01491 525639) which provides support with information, emergency shopping, pharmacy collections and volunteer drivers, marshals and vaccination clinics.

The **HUB**
Bridging the Gap