

MENU



Wifi Password:
cookiesandcream

BREAKFAST (Served all day)

Full Breakfast £ 5.30
2 rashers of bacon, 2 sausages, 2 eggs, beans, tomato, mushroomss and 2 slices of toast

Vegan Breakfast (ve) £ 4.80
2 vegan sausages, beans, tomato, mushrooms and 2 slices of toast.

Light Breakfast £ 3.90
1 rasher of bacon, 1 sausage, 1 egg, beans and 1 slice of toast.

Healthy Breakfast £ 4.00
Poached egg, avocado and spinach on toast.

3 Egg Omelette £ 3.60
Mushroom/cheese/peppers/chicken/spinach (v), Add 50p per filling

Bacon or Sausage Sandwich £ 3.70
Vegan sausage available upon request.

Cheese on toast £ 3.50
Made with Cheddar Cheese.

Eggs on toast £ 3.50
2 eggs - Poached/Fried/Scrambled

Beans on Toast £ 3.00
Simple and tasty

CAFE OPENING TIMES

Monday 9am - 2.00pm

Tuesday 9am - 3.30pm

Wednesday 9am - 3.30pm

Thursday 9am - 3.30pm

Friday 9am - 3.30pm

PLEASE NOTE: LAST HOT FOOD ORDERES ARE 30 MINUTES BEFORE CLOSING

Stack of 3 Pancakes £ 3.90

Bacon and Maple Syrup or Fruit options available.

Porridge £ 2.80
An optional topping of Cinnamon, Syrup or Fruit Add 50p

Toasted teacake, crumpet or bagel. £ 1.60

2 slices of Toast and Butter £ 1.20
Add Jam for Toast Add 50p

Milk alternatives available for butter, porridge and pancakes.
Please ask a member of staff.

By visiting our Café you're helping to make a difference.

All profits from this Café help to support the Mental Health and Wellbeing of our communities.

Thank You

We welcome any feedback and review.

www.rochdalemind.org.uk



Please note: Some of our items may contain allergens, please inform staff of any special dietary requests. Dairy and gluten free bread alternatives are also available.

(v) - Vegetarian, (ve) - Vegan, (h) - Halal.

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LUNCH (Served from 11am)

Soup of the day (v) £ 2.95

Freshly homemade, please ask at the counter.

Add a breadroll. 50p

Cheese and Onion Pie (v) £ 4.50

Freshly baked with cheddar cheese and sautéed onions in a handroll short crust pastry.

Served with choice of mash/salad/wedges.

Pan-Fried Vegetable Noodles (ve) £ 4.00

Peppers, mushrooms and onion in a stir-fry sauce with noodles.

Add chicken. £ 1.50

Chicken and Bacon Ceasar Salad £ 4.30

A classic chicken salad recipe, featuring fresh crispy lettuce and a creamy garlic dressing.

Fish Finger Sandwich £ 3.70

Fish fingers between two soft buttered slices of bread, topped with tangy tartar sauce.

Sausage, Wedges and Beans £ 4.00

A succulent pork sausage served with seasoned wedges or mashed potato and a large spoonful of beans.

Vegan option available upon request.

SEE OUR SPECIALS BOARD

Meal of the day £ 4.50

Please see a member of staff for today's choice.

Cake and Custard £ 2.50

Please see a member of staff for today's choice.

Afternoon Tea Special £ 10.50

A mouth-watering selection of sandwiches, scones, cakes and choice of hot drink. per person

Vegan options available.

Please see a member of staff and allow 48hrs notice.

EXTRAS

Potato Wedges £ 1.50

Crisp and moreish.

Side salad 70p

Add a fresh side salad to any meal

Homemade Coleslaw 50p

Food description here, please explain the ingredients, details, etc

We couldn't do the vital work we do without our volunteers, take a look at our latest opportunities...



SCAN ME

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LUNCHES

Selection of fresh breads available
including gluten free options.

SANDWICHES	WRAPS/PANINI/ TOASTIE	JACKETS
Cheese (v) £ 3.20	£ 3.50	£ 4.00
Just Chicken, Ham or Tuna £ 3.50 Cheese 30p Extra	£ 3.80	£ 4.20
Flavored Chicken (h) £ 3.70 Choose from BBQ or Peri Peri, Cajun or Sweet Chilli	£ 4.00	£ 4.30
Steak Canadian £ 4.00 With Caramelized Onions.	£ 4.30	£ 4.50
Ham and Cheese £ 3.50	£ 4.10	£ 4.40
BLT £ 3.80 Bacon, Lettice and Tomato	£ 4.10	£ 4.40



Your support means a lot to us and every penny makes a difference.

Scan here to visit our donations page.

All support contributes to our Mental Health and Wellbeing Services.



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DRINKS



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HOT DRINKS

Latte	£ 2.90
Cappuccino	£ 2.90
Americano	£ 2.60
Mocha Syrups available on request	£ 3.00 40p a shot
Nescafe	£ 1.80
Tea	£ 1.60
Fruit Tea Selection available.	£ 1.60
Hot Chocolate Add cream and marshmallows	£ 2.90 50p extra
Decaf and milk alternatives available for all drinks.	

COLD DRINKS

**All our smoothies and milkshakes
can be made Vegan upon request.**

Mango Smoothie Mango, Mango juice, lemon juice, soft brown sugar.	£ 3.00
Very Berry Smoothie Strawberries, raspberries and milk.	£ 3.00
Strawberry and Banana Smoothie Strawberries, bannana and milk.	£ 3.00
Milkshakes Strawberry, Banana or Chocolate..	£ 3.00
Bottled Drinks	£ 1.40
Bottled Water	£ 1.00
Canned Drinks	£ 1.10
Fresh Orange	£ 1.50
Thirsty's	£ 1.00

SWEET AND SAVOURY SNACKS

Chocolate Bars	85p
Selections of cakes	Ask for Prices

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